


Menu Subject to Change

# DECEMBER MENU 2023

Summit County - Valor

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Menu Approved By:</b> Jill Riffle MS, RDN, LD</p> <p><i>*All Meals are served with Skim Milk 8oz Dalily</i></p>	 <p>For any questions or concerns Please contact 330-376-7717</p>			<p>1</p> <p>Pepper Steak 3oz Roasted Red Skin Potatoes ½c Harvard Beets ½c WGR Dinner Roll 2 oz Applesauce ½c</p>
<p>4</p> <p>Cabbage Roll w/Beef 3oz Stewed Tomatoes ½c Savory Green Beans ½c Multigrain Bread Slices - 2 Mixed Fruit Cup ½c</p>	<p>5</p> <p>Grilled BBQ Chicken 3oz Seasoned Potatoes ½c Sliced Carrots ½c French Dinner Roll ½c Pineapple Tidbits ½c</p>	<p>6</p> <p>Sloppy Joe 4oz Crispy Cubed Potatoes ½c Sweet Peas ½c W.G. Hamburger Bun 2oz Pears ½c</p>	<p>7</p> <p>Pork Patty 3oz Au Gratin Potatoes ½c California Mix Vegetables ½c W.G. Dinner Roll 2oz Fresh Grapes ½c</p>	<p>8</p> <p>Macaroni &amp; Beef 8oz Mashed Potatoes ½c Corn ½c W.G. Corn Muffin 1oz Sliced Peaches ½c</p>
<p>11</p> <p>Meatloaf 4oz Mashed Potatoes ½c Gravy 2oz Green Beans ½c Wheat Bread Slices - 2 Orange Slices ½c</p>	<p>12</p> <p>Creamed Chipped Beef 4oz Potato Wedges ½c Glazed Carrots ½c W.G. Biscuit 2oz Tropical Fruit ½c</p>	<p>13</p> <p>Beef Stew 4oz Potatoes &amp; Carrots ½c Broccoli ½c Breadstick 2oz Fresh Mixed Fruit ½c</p>	<p>14</p> <p>2 Breaded Chicken Tenders French Fries ½c Mixed Vegetables ½c Wheat Bread Slices - 2 Fruit Cocktail ½c <i>*Ketchup Packet</i></p>	<p>15</p> <p>Hamburger 3oz German Potato Salad ½c Baked Beans ½c W.G. Hamburger Bun 2oz Fresh Apple <i>*Ketchup &amp; Mustard Packet</i></p>
<p>18</p> <p>Macaroni &amp; Cheese 8oz Baked Beans ½c Green Peas ½c Wheat Bread Slices - 2 Cinnamon Applesauce ½c</p>	<p>19</p> <p>Baked Chicken Breast 3oz Diced Potatoes ½c Coleslaw ½c Wheat Bread Slices - 2 Fruit Cocktail ½c</p>	<p>20</p> <p>Cabbage Roll w/Beef 3oz Mashed Potatoes ½c Carrots ½c W.G. Dinner Roll Mandarin Oranges ½c</p>	<p>21</p> <p>Meatloaf 4oz Mashed Potatoes ½c Gravy 2oz Broccoli ½c Wheat Bread Slices - 2 Mixed Fruit ½c</p>	<p>22</p> <p>Glazed Ham Slice 3oz Sweet Potatoes ½c Green Beans ½c W.G. Dinner Roll 2oz Sliced Pears ½c</p>
<p>25</p>  <p><i>No Meal Delivery</i></p>	<p>26</p> <p>BBQ Pork 3oz Crispy Cubed Potatoes ½c Lima Beans ½c Green Peas ½c W.G. Hamburger Bun 2oz Fruit Mix ½c</p>	<p>27</p> <p>Baked Turkey Slice 3oz Mashed Potatoes ½c French Green Beans ½c W.G. Corn Muffin 2oz Sliced Peaches ½c</p>	<p>28</p> <p>Creamed Chicken 4oz 2- Biscuits 2.25" Red Skin Potatoes ½c Mixed Vegetables ½c Banana</p>	<p>29</p> <p>Rigatoni w/Meat 8oz Italian Vegetables ½c Tossed Garden Salad 1c Garlic Toast Slice Fruit Parfait ½c <i>*Salad Dressing Packet</i></p>